



**3<sup>rd</sup>  
European  
Conference on  
Infections in  
Leukemia**

**Empirical Antifungal Therapy  
2009 Update of ECIL-1 / ECIL-2 Guidelines**

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**September 25 - 26 2009, Juan-les-Pins - France**



# Background

- Empirical antifungal therapy for suspected invasive fungal infections (IFI) is a **standard of care** in neutropenic cancer patients with persistent fever despite broad-spectrum antibiotics (*IDSA, CID, 2002*)
- New antifungal agents offer alternative treatment options
- Choice of the appropriate drug guided by efficacy, safety and economic issues represents a new challenge
- Evidence-based European guidelines are needed

# Objectives

1. European experts' management strategies ?
2. Impact of empirical antifungal therapy :
  - Fever ?
  - Breakthrough IFI ?
  - Mortality due to IFI ?
  - Toxicity ?
  - In leukemia vs. allo- vs. auto-HSCT ?
  - In FUIO vs. documented infections ?
  - Patients receiving vs. not receiving antifungal prophylaxis ?
3. Evidence-based European guidelines for empirical AF therapy

# Methods 2009 Update

## EMPIRICAL ANTIFUNGAL THERAPY

1. **Questionnaire:** European experts' practices ECIL1, 2005
2. **Literature review**
  - MEDLINE (Medical Subject Heading terms)
  - COCHRANE
  - PUBMED
  - Manual search in bibliography of reference publications
  - ECIL 1: ICAAC, ECCMID, ASH, ASCO, and EBMT 2002-2005
  - ECIL 3: ICAAC (2007-2009), ECCMID (2008-2009), ASH (2007-2008), ASCO (2008-2009), and EBMT (2008-2009)

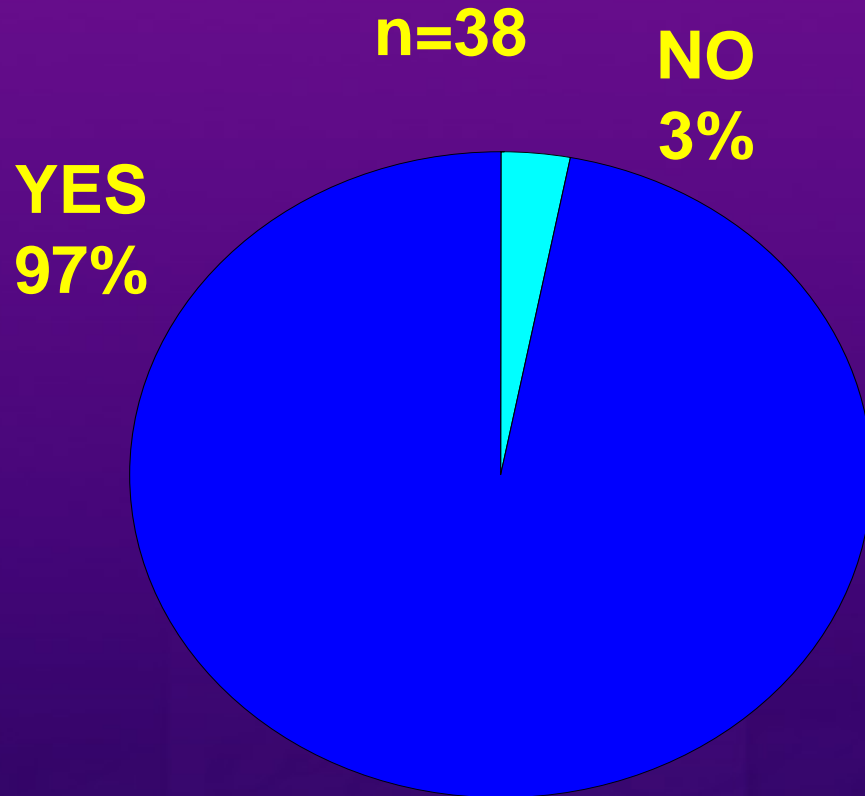
### *Analysis of comparative clinical trials*

3. **Keywords (MeSH):** neutropenia, agranulocytosis, febrile neutropenia, empirical, antifungal therapy, clinical trials
4. **CDC grading (I-III, A-E)**

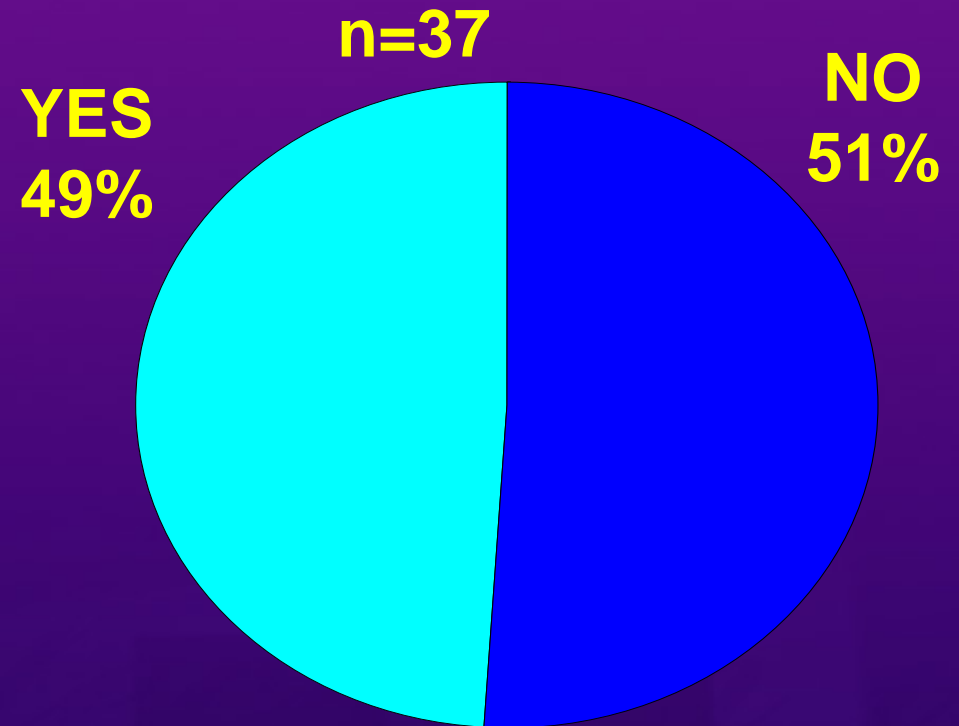
# 1. Questionnaire: Experts' Practices

*Summer 2005*

## Do You Use Empirical Antifungal Therapy ?



## Is Time of Initiation Different in Presence of Microbiologically Documented Bacterial Infection ?



**Time of initiation ?**  
First febrile episode 5 d (3 to 8.5) vs.  
Fever relapse 3 d (1 to 8.5)  
p<0.001

**Time of initiation ?**  
MDI 6.5 d (4 to 8) vs.  
CDI/FUO 4 d (3 to 6)  
p<0.001

# Antifungal Regimen and Clinical Setting

## 1. Type of cytotoxic chemotherapy

- Induction/Consolidation AL: Ampho B deoxycholate
- Allo-HSCT: Liposomal AmB
- Auto-HSCT: Ampho B deoxycholate

## 2. Clinical presentation

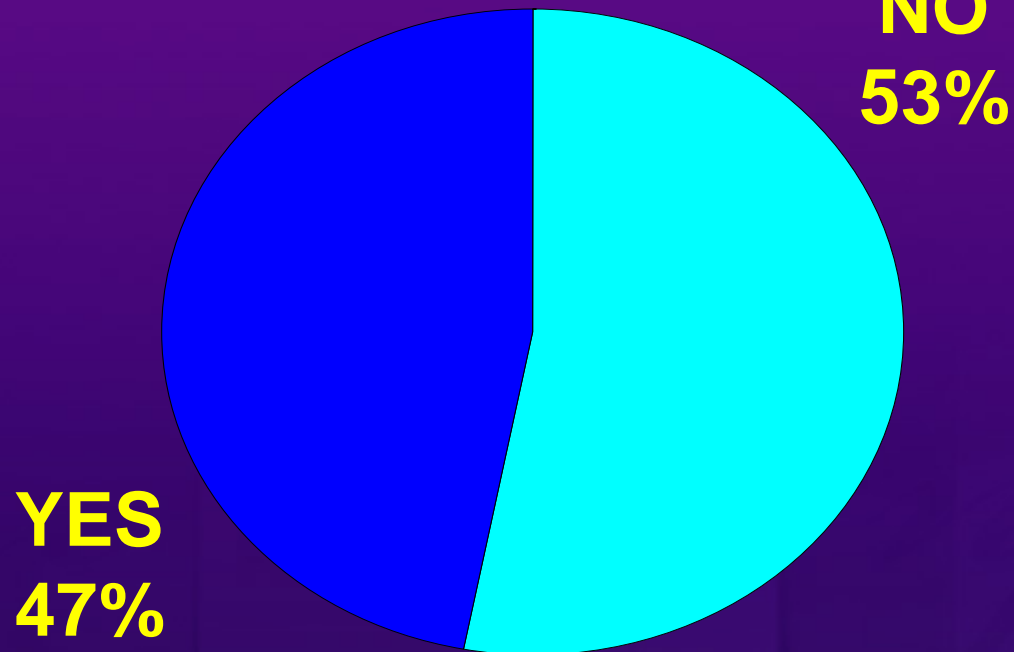
- FUO: Ampho B deoxycholate
- GI-tract colonization/Enterocolitis: Fluco / AmB-d / Caspo
- Pneumonia/Positive galacto-Mn: Voriconazole
- Clinical instability: Liposomal AmB or Caspofungin

## 3. Antifungal prophylaxis influences choice of empirical regimen for 62% of experts

# Questionnaire on European Experts' Practices

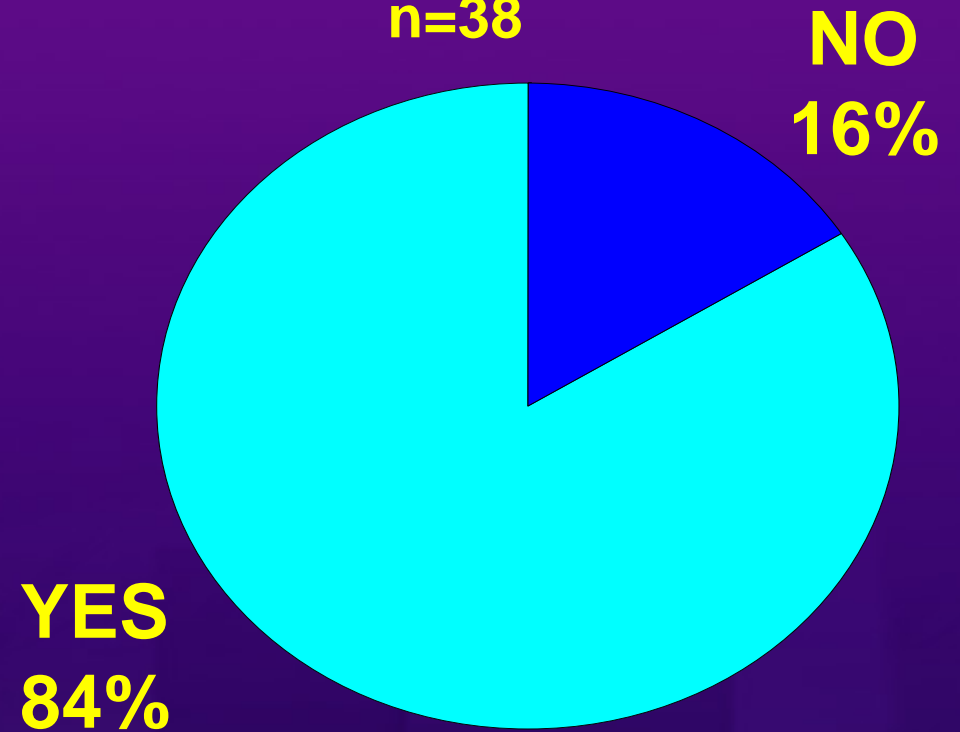
Are Your Choices Evidence-Based ?

n=37



Are Further Studies on Empirical Therapy Required ?

n=38





# 2. Literature Review: Comparative Clinical Trials

# Question # 1

**Is there evidence supporting the use of empirical antifungal therapy in neutropenic cancer patients with persistent fever in order to reduce the incidence, the morbidity and/or the mortality of invasive mycoses ?**

# COMPARATIVE TRIALS

n=25

**Ampho B vs. No Therapy**  
n=2

Antifungal A vs. Antifungal B

n=23

IFI at baseline  
n=4

Primary: Efficacy

Primary: Toxicity

n=11

n=8

Sample Size  
Based on

No Power  
Calculation

> 150 Pts  
n=4

< 150 Pts  
n=4

Power Calculation  
n=5

n=6

# Ampho B Deoxycholate vs. No Therapy

*Pizzo, Am J Med, 1982; 72: 101-11*  
*EORTC, Am J Med, 1989; 86: 668-72*

## 1. Inclusion

- Fever (FUO or CDI)  $> 38^{\circ}\text{C}$  during  $> 4-7$  days +
- Neutrophils  $< 0.1 - 0.5$  G/L

## 2. Open randomization

- Ampho B deoxycholate 0.5-0.6 mg/kg/d vs.
- No therapy

## 3. Treatment duration

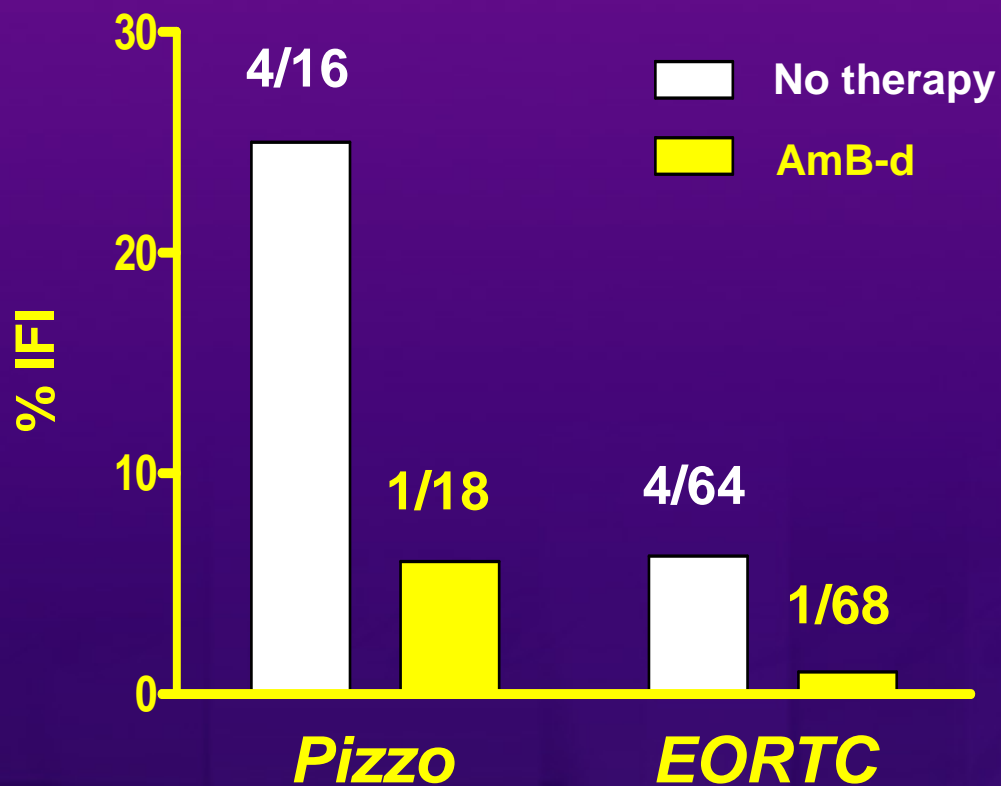
- Afebrile +
- Neutrophils  $> 0.5$  G/L

# Ampho B Deoxycholate vs. No Therapy

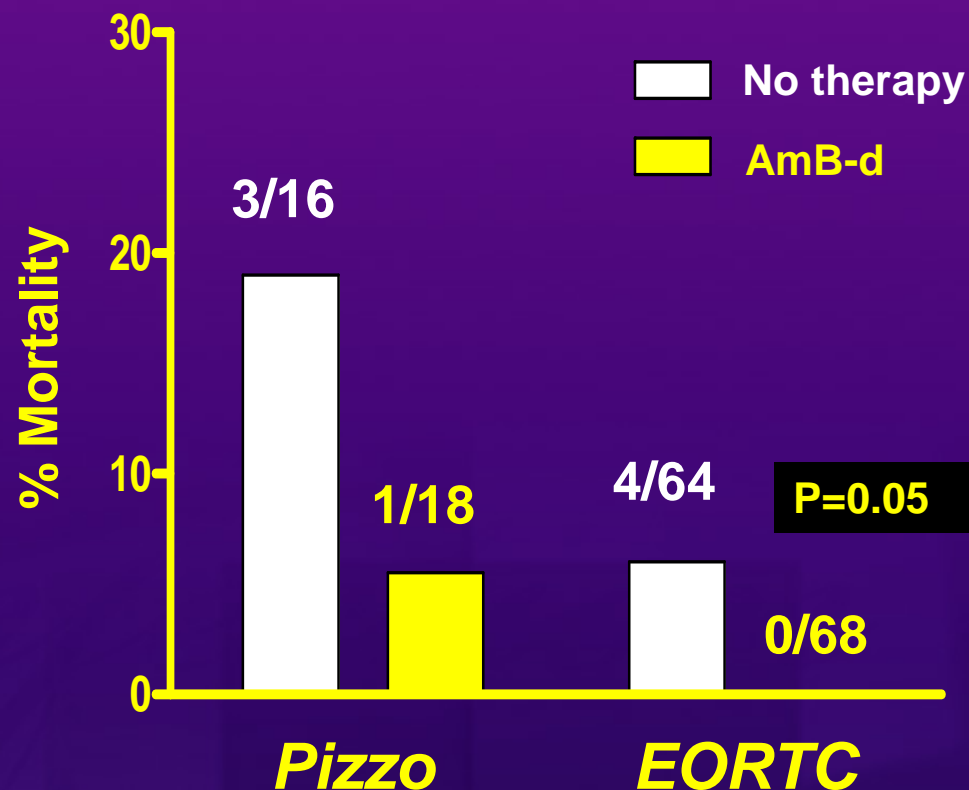
*Pizzo, Am J Med, 1982; 72: 101-11*

*EORTC, Am J Med, 1989; 86: 668-72*

## Invasive Fungal Infections (IFI)



## Mortality IFI



# Empirical Antifungal Therapy vs. No Therapy: Meta-Analysis

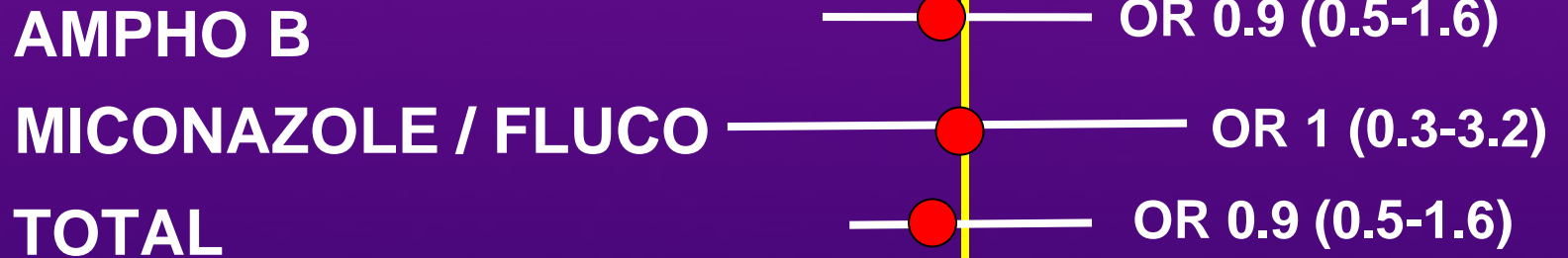
Goldberg et al., 17<sup>th</sup> ECCMID 2007, Munich, Poster # P963

Empirical therapy

No therapy

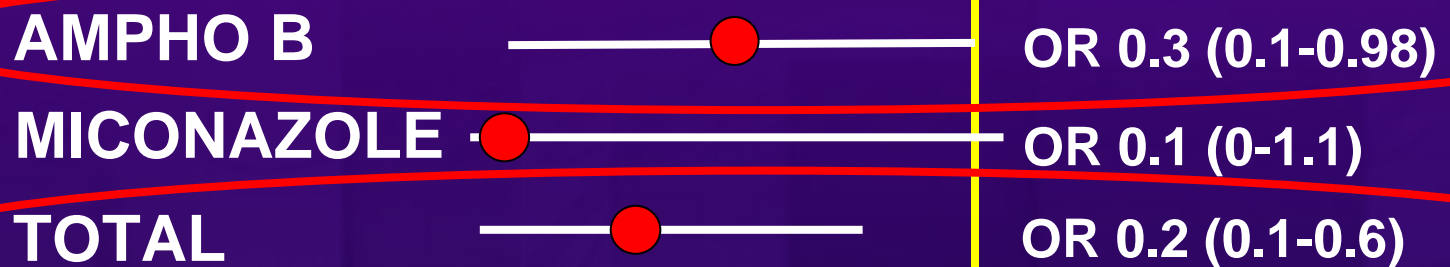
## Overall mortality

6 Trials  
(662 Patients)  
Ampho B (4)  
Azole (2)



## Invasive mycoses

4 Trials  
(507 Patients)  
Ampho B (3)  
Miconazole (1)



0.1 1.0 10.0

Relative Risk (95% CI)

# Empirical Antifungal Therapy vs. No Therapy: Meta-Analysis

*Goldberg et al., 17<sup>th</sup> ECCMID 2007, Munich, Poster # P963*

Wingard, AJM, 1987; 83: 1103-10	PLACEBO D1	MICONAZOLE D1	
INVASIVE MYCOSES	8/111 (7%)	1/97 (1%)	P=0.03
ATTRIBUTABLE MORTALITY	4/111 (4%)	0/97 (0%)	P=0.08

COMMENTS: UPFRONT EMPIRICAL ANTIFUNGAL THERAPY on DAY 1 of fever  
ALL DOCUMENTED INVASIVE MYCOSES : CANDIDIASIS

Goldstone, BMT, 1994; 14 S5: S15-7	LIPO-AMB D1	LIPO-AMB D3	
INVASIVE MYCOSES	1/64 (2%)	1/28 (4%)	

COMMENTS: OPEN DESIGN, LIPO-AMB 2 or 5 mg/kg/d on DAY 1 vs. 3 of fever  
PROTOCOL VIOLATIONS, FEW DOCUMENTED IFI

Schiel, Infect, 2006; 34: 118-26	NO RX D4-6	AMB-D +/- 5-FC D4-6	FLUCO D4-6
OVERALL MORTALITY	0/54 (0%)	1/45 (2%)	1/56 (2%)

COMMENTS: COMPLEX OPEN DESIGN WITH 3-STEP INTERVENTION  
START ANTIFUNGAL THERAPY ON DAY 4-6 of fever  
DOCUMENTED IFI ?

# Question # 2

**Based on efficacy and safety data, is there evidence supporting the use of the different antifungal agents for empirical therapy in neutropenic cancer patients with persistent fever ?**



# COMPARATIVE TRIALS

n=25

Ampho B vs. No Therapy

n=2

Antifungal A vs. Antifungal B

n=23

IFI at baseline  
n=4

Primary: Efficacy

Primary: Toxicity

n=11

n=8

**Power OK**  
n=5

**Underpower**  
n=6

**> 150 Pts**  
n=4

**< 150 Pts**  
n=4

Ampho B deoxy vs. Lipid amphi B, n=4

Azoles vs. Amphi B, n=4

Echinocandin vs. Amphi B, n=1

1980s

1990 - 2005

# Comparison of Two Empirical Antifungal Agents

**FUO + > 38 °C during > 3-5 days (or relapsing) + Neutrophils <0.5 G/L**

↓  
**Open or double-blind randomization  
(Stratification: Risk + Antifungal Prophylaxis)**

**AMPHOTERICIN B**

**OTHER FORM AMPHO B or  
AZOLE or  
ECHINOCANDIN**

↓ ↓  
**Primary endpoint: EFFICACY (equivalence or non-inferiority) or TOXICITY  
Assessment efficacy: COMPOSITE endpoint (3-6 criteria)**

# Synopsis of Clinical Trials

	Size	Design	Regimens	Primary endpoint
Prentice, 1997	338	Open	Lipo AmB 1 or 3 vs AmB-d 1	Severe toxicity
White, 1998	196	Double-Blind	ABCD 4 vs AmB-d 0.8	Nephrotoxicity
Walsh, 1999	687	Double-Blind	Lipo AmB 0.6 vs AmB-d 0.6	Equivalent efficacy ( $\pm 10\%$ )
Wingard, 2000	244	Double-Blind	Lipo AmB 3 or 5 vs ABLC 5	Infusion-related toxicity
Winston, 2000	317	Open	Fluco 400 vs AmB-d 0.5	Equivalent efficacy ( $\pm 15\%$ )
Boogaerts, 2001	360	Open	Itra 200, then 400 vs AmB-d 0.7-1	Equivalent efficacy ( $\pm 15\%$ )
Ehninger, 2002	162	Open	Itra 200, then 400 vs AmB-d 0.7-1	Severe toxicity
Walsh, 2002	837	Open	Vori 6, then 400 vs Lipo AmB 3	Non-inferior efficacy ( $\pm 10\%$ )
Walsh, 2004	1095	Double-Blind	Caspo 50 vs Lipo AmB 3	Non-inferior efficacy ( $\pm 10\%$ )

# Overall Response (Composite Endpoint)

	EXPERIMENTAL		CONTROL		
Prentice, 1997	Lipo AmB 1	58%	AmB-d 1	49%	P=0.09
	Lipo AmB 3	64%			
White, 1998	ABCD 4	50%	AmB-d 0.8	43%	NS
Walsh, 1999	Lipo AmB 3	50%	AmB-d 0.6	49%	NS
Wingard, 2000	ABL C 5	33%	Lipo AmB 3	40%	NS
			Lipo AmB 5	42%	
Winston, 2000	Fluco 400	68%	AmB-d 0.5	67%	NS
Boogaerts, 2001	Itra 200	47%	AmB-d 0.7	38%	$\Delta$ 9 (CI -1 to 13)
Ehninger, 2002	Itra 200	63%	AmB-d 0.7	43%	P=0.0001
Walsh, 2002	Vori 6	26%	Lipo AmB 3	31%	$\Delta$ -4 (CI -11 to 2)
Walsh, 2004	Caspo 50	34%	Lipo AmB 3	34%	$\Delta$ 0 (CI -6 to 6)

# Outcome of Baseline IFI

	Endpoint		EXPERIMENTAL		CONTROL	
Walsh, 1999	Success	Lipo AmB 3	9/11 (82%)	AmB-d 0.6	8/11 (73%)	NS
Winston, 2000	Success	Fluco 400	3/10 (30%)	AmB-d 0.5	5/9 (55%)	NS
	Mortality		4/10 (40%)		4/9 (44%)	NS
Walsh, 2002	Success	Vori 6	6/13 (46%)	Lipo AmB 3	4/6 (67%)	NS
Walsh, 2004	Success	Caspo 50	14/27 (52%)	Lipo AmB 3	7/27 (26%)	0.04
	Mortality		3/27 (11%)		12/27 (44%)	0.01

# Breakthrough IFI

	EXPERIMENTAL		CONTROL		
Prentice, 1997	Lipo AmB 1	3%	AmB-d 1	2%	NS
	Lipo AmB 3	2%			
White, 1998	ABCD 4	17%	AmB-d 0.8	18%	NS
Walsh, 1999	Lipo AmB 3*	3%	AmB-d 0.6	8%	P=0.005
Wingard, 2000	ABLC 5	4%	Lipo AmB 3	4%	NS
			Lipo AmB 5	2%	
Winston, 2000	Fluco 400	4%	AmB-d 0.5	4%	NS
Boogaerts, 2001	Itra 200	3%	AmB-d 0.7	3%	NS
Walsh, 2002	Vori 6	2%	Lipo AmB 3	5%	$\Delta$ 3 (CI 1 to 5), P=0.02
Walsh, 2004	Caspo 50**	5%	Lipo AmB 3	5%	$\Delta$ -1 ( $\Delta$ -3 to 2)

\* *Lipo AmB: Mortality IFI 36% vs. 41%, NS*

\*\* *Caspo: Mortality IFI 34% vs. 42%, NS*

# Nephrotoxicity (>2x Baseline Creatinine)

	EXPERIMENTAL		CONTROL		
Prentice, 1997	Lipo AmB 1	10%	AmB-d 1	24%	0.01
	Lipo AmB 3	12%			
White, 1998	ABCD 4	8%	AmB-d 0.8	35%	0.001
	+ Cy or Tacro	31%	+ Cy or Tacro	68%	0.001
Walsh, 1999	Lipo AmB 3	19%	AmB-d 0.6	34%	0.001
Wingard, 2000	ABLC 5	42%	Lipo AmB 3	14%	0.001
			Lipo AmB 5	15%	
Winston, 2000	Fluco 400	1%	AmB-d 0.5	33%	0.001
Boogaerts, 2001	Itra 200	5%	AmB-d 0.7	24%	0.001
Ehninger, 2002	Itra 200	4%	AmB-d 0.7	41%	0.001
Walsh, 2002	Vori 6	7%	Lipo AmB 3	8%	NS
Walsh, 2004	Caspo 50	3%	Lipo AmB 3	11%	0.001

# Impact of Empirical Antifungal Therapy in Different Clinical Settings

1. In AL vs. allo- vs. auto-HSCT ?
  2. In FUO vs. microbiologically or clinically documented infection ?
  3. In patients receiving or not receiving antifungal prophylaxis ?
- **No consistent differences**
  - **Data lacking**



# Comments

## HISTORICAL STUDIES IN THE 1980s

- **Current standard of care based on two open studies comparing amphotericin B deoxycholate to nihil**
- **Limited number of patients: underpowered**
- **Benefit of empirical antifungal therapy on occurrence of IFI and mortality due to IFI not unequivocally proven**
- **Evolution of cytotoxic and immunosuppressive therapies, HSCT, supportive care, imaging techniques, and laboratory tests.** Results from these trials applicable to current practice ?

# Comments (Cont'd)

## COMPARATIVE STUDIES 1990 - 2000

- **Comparison of ampho B to other form of ampho B or agent of a different class.** No direct comparison of azoles and echinocandins
- **No substantial superiority of any antifungal agent for overall response, mainly based on resolution of fever**
- **Effect on IFI or mortality due to IFI difficult to assess in small numbers of events**
- **Ampho B deoxycholate more toxic than lipid forms, azoles or echinocandins, but 10-20x less expensive**
- **No metanalysis available**

# Issues in Comparative Studies

- **Case mix, lower risk of IFI may favor demonstration of equivalence of two regimens**
  - Short duration of fever at inclusion
  - Documented bacterial infection
  - Auto- vs. AL vs. allo-HSCT
  - Short duration of neutropenia
  - Overtreatment in the majority of patients
- **Methodology**
  - Open design: doubt on efficacy may ↑ failure rates
  - Primary endpoint:
    - Equivalent/non-inferior efficacy in composite endpoint
    - Toxicity, underpowered for assessment of efficacy

# Issues in Comparative Studies (Cont'd)

- Neutrophil recovery <7 days after inclusion → **short duration antifungal therapy** → **lower rate of defervescence**
- **Pertinence of composite primary endpoint ?**
  - Defervescence during or after recovery of neutropenia non-specific, but major driver for success
  - Overall survival influenced by multiple factors
  - Difference baseline and breakthrough IFI ?
  - Combination of stop due to lack of efficacy or toxicity ?
  - Adjustment for risk stratification ?
- **Underpowered to evaluate efficacy in sub-groups** (e.g. high-risk patients or IFI or mortality of IFI): only explorative value

# Duration of Neutropenia and Outcome

*Cordonnier, ASH 2004, Abs # 1339*

	LIPO AMB	AMB DEOXY	Δ (95%CI)
OVERALL RESPONSE			
Neutropenia < 7 days	42/136 (31%)	57/155 (37%)	NS
> 7 days	28/205 (62%)	112/187 (60%)	NS
OVERALL MORTALITY			
Neutropenia < 7 days	5/136 (6%)	12/155 (8%)	NS
> 7 days	19/205 (9%)	24/187 (13%)	NS
BREAKTHROUGH IFI			
Neutropenia < 7 days	3/136 (2%)	8/155 (5%)	NS
> 7 days	7/205 (3%)	18/187 (10%)	0.01

# Impact of Resolution of Fever on Composite Endpoint for Response

*De Pauw, ECCMID 2004, Abs # 0423*

	CASPOFUNGIN	LIPO AMB	$\Delta$ (95%CI)
48h afebrile during neutropenia	34%	34%	0 (-5 to 6)
24h afebrile during neutropenia	52%	48%	4 (-2 to 10)
Afebrile 7 d after start antifungal Rx	55%	53.5%	2 (-4 to 8)
Afebrile NOT in composite endpoint	82%	75%	7 (2 to 12)

# Impact of Type of Statistical Analysis on Success

*Walsh, NEJM, 2002; 346: 225-34 and 1746-7*  
*Powers (FDA), NEJM, 2002; 346: 289-90*

	VORICONAZOLE	LIPO AMB	$\Delta$ (95%CI)
Unadjusted, composite endpoint	26%	31%	-4.5 (-10.6 to 1.6)
Adjusted, composite endpoint	24%	30%	-6.1 (-12 to 0.1)
Defervescence not included in endpoint	82%	85%	-2.3 (-7.7 to 2.3)

# Outcome of Baseline IFI

	Endpoint	LIPO AMB		COMPARATOR		
Walsh, 1999	Success	Lipo AmB 3	9/11 (82%)	AmB-d 0.6	8/11 (73%)	NS
Walsh, 2002	Success	Lipo AmB 3	4/6 (67%)	Vori 6	6/13 (46%)	NS
Walsh, 2004	Success IFI	Lipo AmB 3	7/27 (26%)	Caspo 50	14/27 (52%)	0.04
	<i>Aspergillosis</i>		1/12 (8%)		5/12 (42%)	
	<i>Candidiasis</i>		5/12 (42%)		8/12 (67%)	
	Mortality IFI		12/27 (44%)		3/27 (11%)	0.01



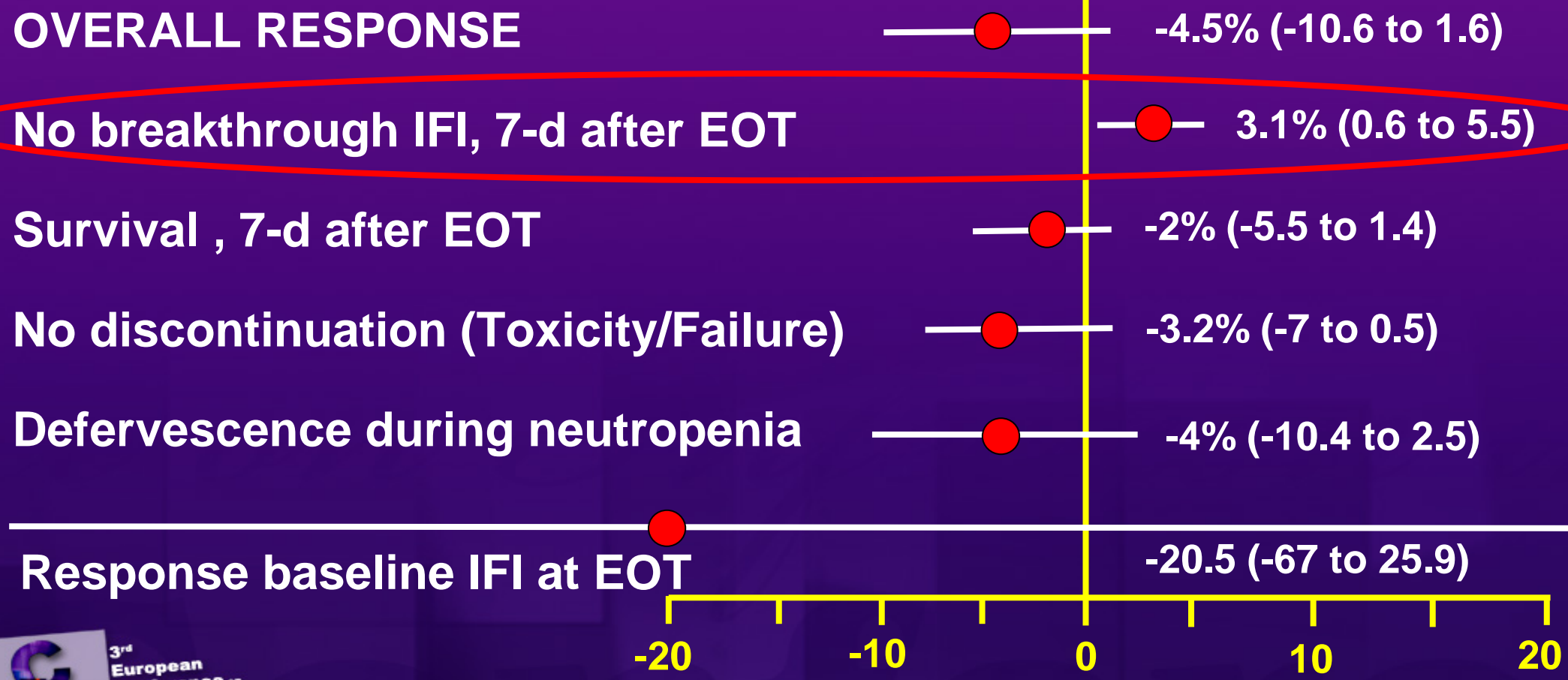
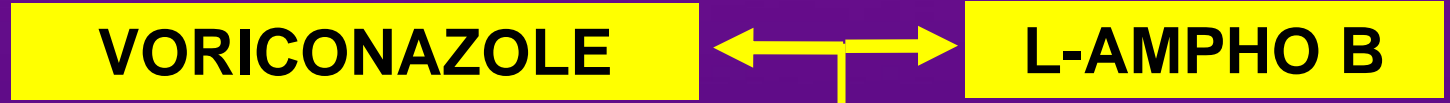
# Issues in Current Practices

- **Current experts' practices are differentiated according to the clinical setting :**
  - First vs. relapsing fever
  - Underlying conditions
  - Clinical presentation (FUO vs. site of infection)
  - Previous antifungal prophylaxis
- **HOWEVER, EVIDENCE FOR THESE PRACTICES IS LACKING AND MOST EXPERTS AGREE THAT FURTHER STUDIES ARE NEEDED**

# VORICONAZOLE

# Voriconazole vs. Liposomal Ampho B : Assessment of Primary and Secondary Endpoints

Walsh et al., NEJM, 2002; 346: 225-34



# Voriconazole vs. Liposomal Ampho B : Should Data on Baseline and Breakthrough IFI be Challenged ?

*Jorgensen, Gotzsche, and Johansen, Cochrane Jan. 2006, 1; 1-9*

[www.thecochranelibrary.com](http://www.thecochranelibrary.com)

	VORI (n=415)	LIPO AMB (n=422)	Δ (95%CI), P-value
BASELINE IFI (< 24 h)	13 (3%)	6 (1.5%)	NA, P=0.11
Response	6/13 (46%)	4/6 (67%)	-21% (-67 to 26), P=0.63
BREAKTHROUGH IFI (> 24 h)	8 (1.9%)	21 (5%)	3.1% (0.6 to 5.5), P=0.02
ALL IFI			
Original data	21	27	NR, P=0.46
Cochrane review (Persistent BL + Breakthr.)	15	23	1.8% (-1 to 4.7), P=0.27

## Voriconazole vs. Liposomal Ampho B : Should Data on Baseline and Breakthrough IFI be Challenged ?

*Response to Cochrane Review by Walsh et al. & Pfizer*

### Baseline IFI:

- 19/19 diagnosed before the first dose of study drug

### Breakthrough IFI:

- 24-h cut-off identical to that of trial L-AmB vs. AmB-deoxycholate
- 29/29 IFI diagnosed > 48 h after the first dose of study drug  
(mean 13 days for voriconazole and 6 days for L-AmB)

**Inappropriate to combine in a post-hoc analysis baseline IFI**  
(study underpowered for evaluation of response) and breakthrough IFI  
(pre-defined efficacy endpoint)

# ITRACONAZOLE

# Itraconazole vs. Ampho-Deoxycholate

UPDATE ECIL-2 2007

*Boogaerts et al., Ann Intern Med, 2001; 135: 412-22*

*Schuler et al., Onkologie, 2007; 30: 185-91*

**Fever > 38 °C during > 3 days + Neutrophils < 0.5 G/L expected > 7 days**

**Open multicenter 1:1 randomization (stratification: HSCT, Pneumonia)**

**AMPHO B-DEOXYCHOLATE**  
0.7-1 mg/kg/d I.V.

**ITRACONAZOLE**  
400 mg D1-2, 200 mg D3-14 I.V.  
then 400 mg D14-EOT P.O.

**Boogaerts's study**  
60 CENTERS, EUROPE + NORTH AMERICA  
1996-1997, PUBL. 2001

**PRIMARY : EQUIVALENT EFFICACY**

**Failure therapy > 3 d :**  
Breakthrough IFI (NOT EORTC-MSG)  
Death due to any cause  
Persistent fever > 28 d  
STOP for toxicity

**Schuler's Study**  
27 CENTERS, GERMANY  
1999-2001, PUBL. 2007

**PRIMARY : STOP for TOXICITY**

**Failure therapy > 3 d :**  
Breakthrough IFI or progressing pneumonia  
Death due to IFI (NOT EORTC-MSG)  
Persistent fever > 28 d  
STOP for toxicity  
STOP on investigator's decision

# Itraconazole vs. Ampho-Deoxycholate

*Boogaerts et al., Ann Intern Med, 2001; 135: 412-22*

*Schuler et al., Onkologie, 2007; 30: 185-91*

	<i>Boogaerts, 2001</i>		<i>Schuler, 2007</i>	
	ITRA n=192	AmB-D n=192	ITRA n=81	AmB-D n=81
Defervescence	73%	70%	69%	60.5%
	Δ 3% (-6 to 12)		P < 0.001	
Days to afebrile	7 (1-26)	6 (1-22)	4	3
Breakthrough IFI	3%	3%	6%	6%
Mortality	11%	14%	17%	16%
Due to infection	8%	9%	6%	11%
Creatinine 2x Baseline	5% P < 0.001	24%	4% P < 0.001	41%
STOP FOR TOXICITY	19% P < 0.001	38%	22% P < 0.001	57%
Success	47%	38%	62%	42%
	Δ 9% (1 to 19)		P < 0.001	
Success composite endpoint	53%	46%	55%	27%
(Walsh's criteria)	Δ 7% (-3 to 17)		Δ 29% (14 to 43)	



**AMPHO B  
COLLOIDAL DISPERSION  
is on the market in some  
European countries**

# Ampho B Colloidal Dispersion (ABCD) vs. Ampho B-Deoxycholate

White et al., Clin Infect Dis, 1998; 27: 296-302

	ABCD 4 mg/kg/d (n=98)	AMB-D 1-1.5 mg/kg/d (n=95)	P-value
<b>DEMOGRAPHICS</b>			
Acute leukemia	23%	30.5%	NS
Allo- / Auto-HSCT	45% / 31%	39% / 26%	NS
Neutrophils < 0.1 G/L	89%	88%	NS
<b>RESPONSE</b>			
Overall	50%	43%	NS
Defervescence	53.5%	58%	NS
IFI (Mortality)	3% (1%)	3% (1%)	NS
<b>TOXICITY</b>			
Creat. 2x BL, CyA/Tacrolimus	31%	68%	< 0.001
NO CyA/Tacrolimus	8%	35%	< 0.001
Chills	80%	65%	0.018
Hypoxemia	12%	3%	0.013
<b>DISCONTINUATION</b>	18%	21%	NS

# Safety Profile of Different Ampho B Forms

*Prentice BJH 1997; White CID 1998; Walsh NEJM 1999-2003-04; Wingard CID 2000; Winston AJM 2000; Boogaerts Ann Intern Med, 2001; Schuler Onkol 2007*

	AmB-Deoxy	ABLc	ABCD	Liposomal-AmB
Nephrotoxicity (2x baseline)	24 - 41%	42%	8%	8 - 19%
Cyclosporin/Tacrolimus	68%	NR	31%	NR
Infusion-related AE	36 - 65%	51% (79%)	80%	5 - 52%
Hypoxia	3%	20%	13%	0 - 6%
Hypotension	NR	19%	NR	7%
Discontinuation	7 - 57%	32%	18%	5 - 13%

# Empirical Antifungal Therapy – 2009 UPDATE

## Empirical Antifungal Therapy in High-Risk Neutropenic Patients

Publication	Design	Number Pts	Antifungal Agent(s)
Empirical AF therapy vs. no therapy	<u>NO NEW STUDY</u>		
Empirical AF therapy			
Comparison 2 antifungal agents			
Maertens ICAAC 2007	Prospective, multicenter double-blind, randomized, CHILDREN	54 + 25	<u>Caspo vs. Liposomal AmB 2:1</u>
Kubiak ICAAC 2008	Retrospective, multicenter	161 + 173	<u>Caspofungin vs. Micafungin</u>
1 single antifungal agent			
Tamura Leuk-Lymph 2009	Prospective, multicenter, no control arm	277	<u>Micafungin</u>
Ohta IJH 2009	Observational, single center, no control arm	68	Itraconazole IV
Lafaurie CMI 2009	Observational, single center, no control arm	56	Caspofungin

## Caspofungin vs. Liposomal AmB for Empirical Therapy in Pediatric Neutropenic Patients with Persistent Fever: a Randomized, Double-Blind, Multicenter Trial

*Maertens et al., 47<sup>th</sup> ICAAC 2007, Chicago, Abs. #M-621*

Neutropenic, 2-17y, persistent fever >96h or relapsing fever, 2:1 randomization  
 Primary endpoint: safety / Secondary: composite efficacy endpoint (5 items)

	Caspofungin 70mg/m <sup>2</sup> D1, then 50mg/m <sup>2</sup> (n=56)	Liposomal AmB 3mg/kg/d (n=25)
Drug-related AE		
Clinical	48%	46%
Laboratory	11%	19%
Serious	2%	12%
Success (composite)	41% (95%CI 28-54)	28% (95%CI 10-46)
Survival 7-d post EOT	100%	100%
Response baseline IFI	0/1	0/0
Absence breakthrough IFI	100%	96%
No stop for toxicity	91%	84%
Resolution fever	43%	32%

## Caspofungin vs. Micafungin for Empirical Therapy in Adult Neutropenic Patients with Persistent Fever: a Retrospective Analysis

*Kubiak et al., 48<sup>th</sup> ICAAC 2008, Washington D.C., Abs. #M-2168*

3 centers in Boston, USA: retrospective analysis, 338 adults (196 HSCT)  
empirical AF therapy for persistent neutropenic fever

2005-6: caspofungin 70 mg D1, then 50 mg/d vs. 2006-7: micafungin 100 mg/d

	Caspofungin (n=161)	Micafungin (n=173)
<b>In-hospital mortality</b>	<b>7.5%</b>	<b>7.4%</b>
<b>Breakthrough IFI</b>	<b>10.6%</b>	<b>13.7%</b>
<b>Invasive aspergillosis</b>	<b>6.8%</b>	<b>6.3%</b>
<b>Invasive candidiasis</b>	<b>1.9%</b>	<b>4.6%</b>

**Grading for empirical micafungin : BII, new**

## Micafungin for Empirical Therapy in Adult Neutropenic Patients: a Prospective Multicenter Non-Comparative Study

*Tamura et al., Leukemia and Lymphoma, 2009; 50: 92-100*

87 centers, Japan, 2003-5 : prospective non-comparative,  
277 adult neutropenic (2/3 HEM, 1/3 HSCT)

empirical AF for persistent fever > 48h (n=88) or AF therapy for possible (n=63) /  
probable (n=38) / proven (n=8) IFI: micafungin 50-150 mg/d (up to 300 mg)

(197 evaluable for efficacy: protocol violations, lack on inclusion criteria, follow-up < 5d)

### Efficacy (composite clinical + microbiological + radiological + serological)

Empirical	71/88 (80.7%)
Possible IFI	39/63 (61.9%)
Probable IFI	17/38 (44.7%)
Proven IFI	7/8 (87.5%)

### Drug-related AE (81% hepatic)

Mild	49/277 (17.8%)
Moderate	14/277 (5.1%)
Serious	12/277 (4.3%)



# Empirical Antifungal Therapy in High-Risk Neutropenic Patients

Publication	Design	Number Pts	Antifungal Agent(s)
<b>Empirical AF therapy</b>			
<b>1 single antifungal agent</b>			
Ohta IJH 2009	Observational, single center, no control arm	68	Itraconazole IV <u>No additional evidence vs. previous randomized trials</u> <b>NO CHANGE: BI</b>
Lafaurie CMI 2009	Observational, single center, no control arm	56	Caspofungin <u>Breakthrough aspergillosis</u> - <u>3 probable (1 death)</u> - <u>3 possible</u> <b>NO CHANGE: AI</b>

# 3. Evidence-Based Recommendations

# CDC Grading system

(ECIL-1 and ECIL-2, Updates ECIL-3)

Quality of evidence	Strength of recommendation
<p><b>I Evidence from at least one well-executed randomized trial</b></p> <p><b>II Evidence from at least one well-designed clinical trial without randomization; cohort or case-controlled analytic studies (preferably from more than one center); multiple time-series studies; or dramatic results from uncontrolled experiments</b></p> <p><b>III Evidence from opinions of respected authorities based on clinical experience, descriptive studies, or reports from expert committees</b></p>	<p><b>A Strong evidence for efficacy and substantial clinical benefit Strongly recommended</b></p> <p><b>B Strong or moderate evidence for efficacy, but only limited clinical benefit Generally recommended</b></p> <p><b>C Insufficient evidence for efficacy; or efficacy does not outweigh possible adverse consequences (e.g., drug toxicity or interactions) or cost of chemoprophylaxis or alternative approaches Optional</b></p> <p><b>D Moderate evidence against efficacy or for adverse outcome Generally not recommended</b></p> <p><b>E Strong evidence against efficacy or of adverse outcome Never recommended</b></p>

# 2009 UPDATE - Indication for Empirical Antifungal Therapy in Persistently Febrile Neutropenic Patients

## B II

« Generally recommended.  
Moderate evidence »

Unchanged grading  
(no change in evidence)

# 2009 UPDATE : Antifungal Drugs for Empirical Therapy

Antifungal agent	Daily dose	CDC Grading		
		Level of Recommendation	Evidence for	
			Efficacy	Safety
Liposomal AmB	3 mg/kg	A <sub>-</sub> *	I	I
Caspofungin	50 mg	A <sub>-</sub> * <sup>1</sup>	I	I
ABCD	4 mg/kg	B <sup>2</sup>	I	I
ABL C	5 mg/kg	B <sup>2</sup>	I	I
Itraconazole	200 mg iv	B <sup>1,4</sup>	I	I
Voriconazole	2x 3 mg/kg iv	B <sup>1,3,4</sup>	I	I
<u>NEW: Micafungin</u>	<u>100 mg</u>	<u>B</u>	<u>II</u>	<u>II</u>
AmB deoxycholate	0.5-1 mg/kg	B <sup>2</sup> / D <sup>5</sup>	I	I
Fluconazole	400 mg iv	C <sup>1,4,6</sup>	I	I

\* A double-blind, randomized trial comparing caspofungin 50 mg/m<sup>2</sup> (n=56) with liposomal amphotericin B 3 mg/kg/d (n=25) (published in abstract form) suggests a provisional grading BII for children ; the constitution of a pediatric group specifically addressing antifungal prophylaxis and therapy in children will be considered for 2011 update of ECIL guidelines

<sup>1</sup> No activity against mucorales

<sup>2</sup> Infusion-related toxicity (fever, chills, hypoxia)

<sup>3</sup> Failed the 10% non-inferiority cut-off when compared with liposomal AmB (and thus not approved by the FDA for this indication), but first-line for aspergillosis, effective therapy for candidiasis, and efficacious for prevention of breakthrough IFI.

<sup>4</sup> Activity of azoles empirical therapy for persistent fever may be limited in patients receiving prophylaxis with an agent of the same class.

<sup>5</sup> B in absence of / D in presence of risk factors for renal toxicity (e.g. impaired renal function at baseline, nephrotoxic co-medication including cyclosporin or tacrolimus in allogeneic HSCT recipients, aminoglycoside antibiotics, history of previous toxicity).

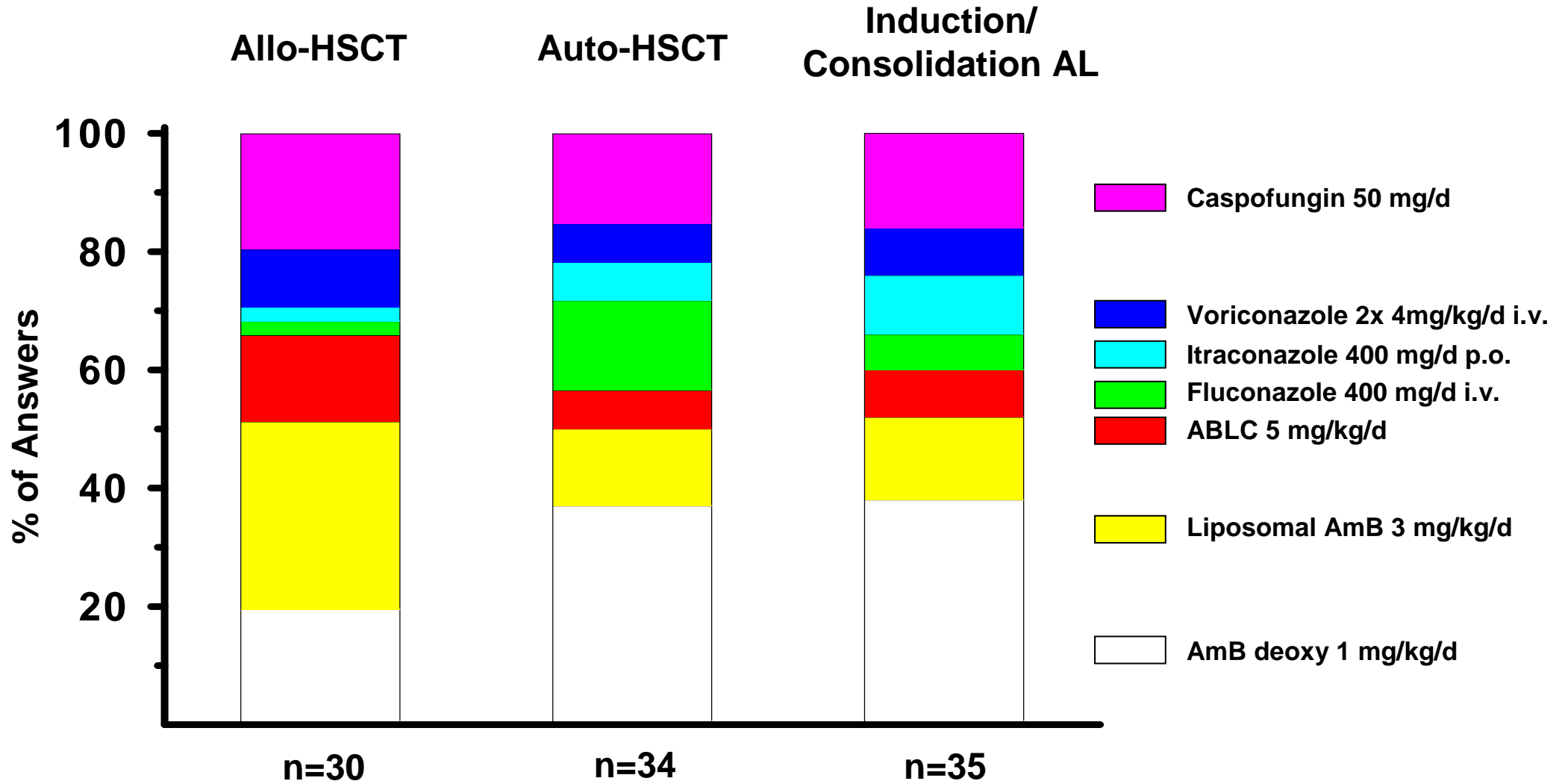
<sup>6</sup> No activity against *Aspergillus* and other moulds. Not approved by the FDA for this indication.

# Choice of Antifungal Drugs for Empirical Therapy in Allo-HSCT

- Data unclear or limited, value of subgroup analyses for efficacy or toxicity ?
- Amphotericin B deoxycholate: high nephrotoxicity
- Itraconazole: data lacking
- Fluconazole: large use of prophylaxis ↑ risk of resistant *Candida* spp., no activity on *Aspergillus*

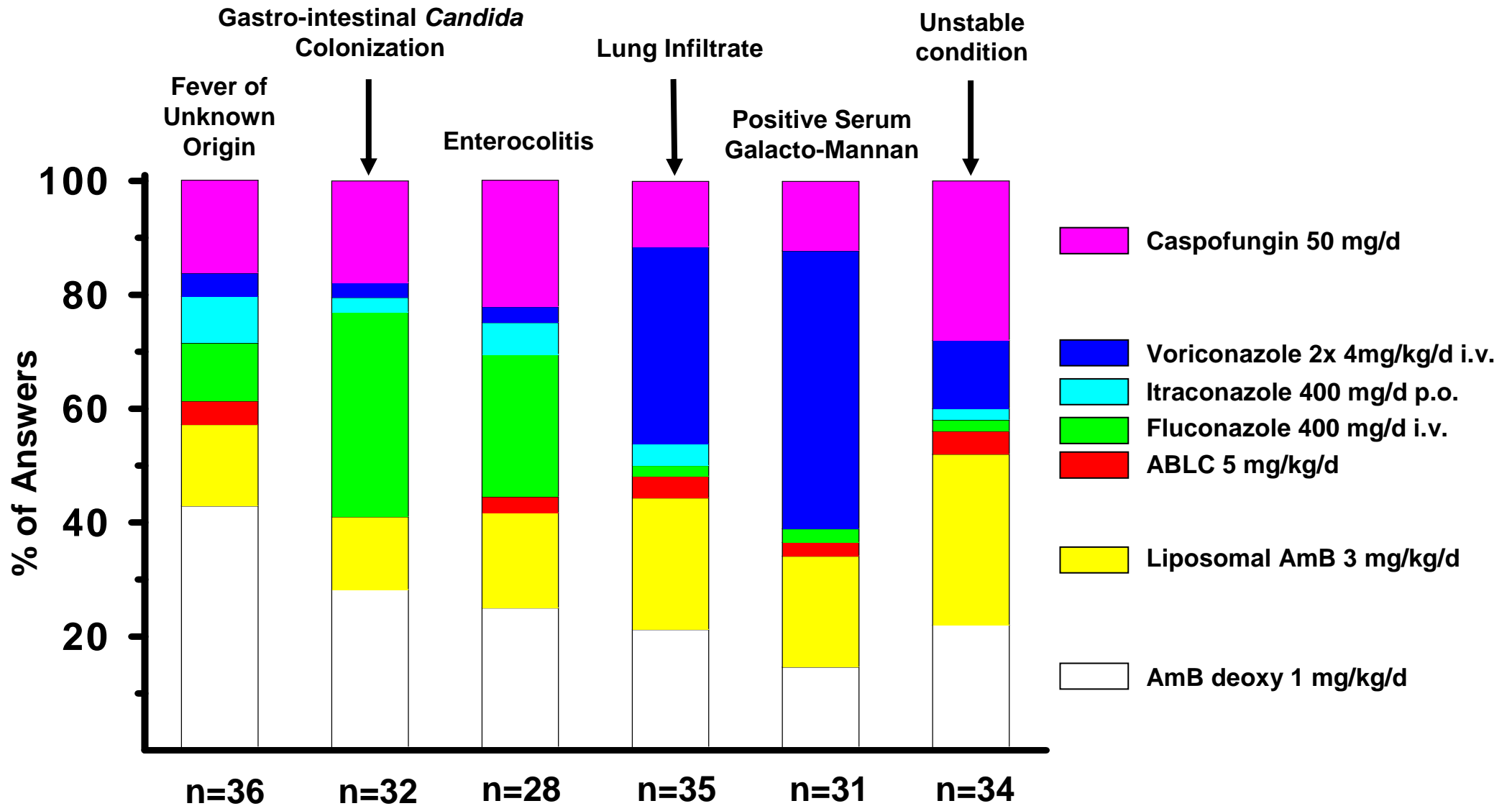
# Perspectives for the Future

# Underlying Condition and Choice of Empirical Antifungal Therapy



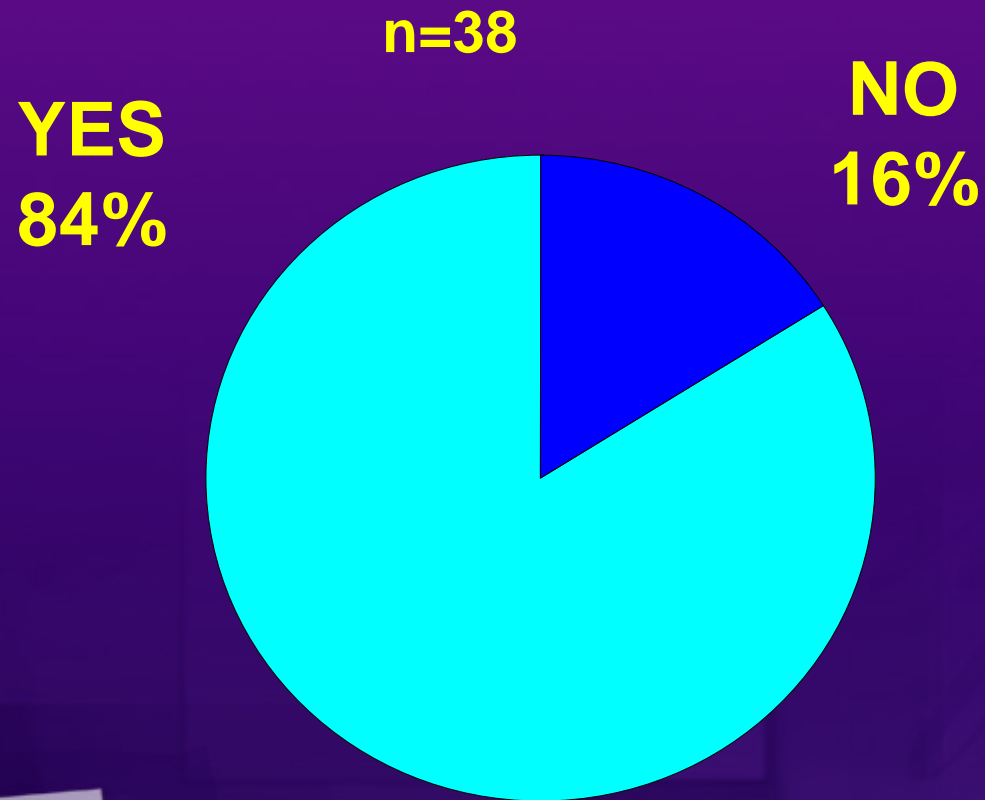


# Clinical Presentation and Choice of Empirical Antifungal Therapy



# Questionnaire on European Experts' Practices

## Are Further Studies on Empirical Therapy Required ?



**NEED FOR PREEMPTIVE  
ANTIFUNGAL  
STRATEGIES ?**

# Pre-emptive strategies

- Risk profile / Underlying hematological condition
- Previous antifungal prophylaxis
- Clinical presentation: site, severity
- Radiology: high-resolution CT-scan
- Cultures, including colonization
- BAL if pneumonia
- Modern non-invasive laboratory/molecular markers



1. No therapy in absence of positive findings:  
↓ AEs, resistance and costs ?
2. Targeted therapy according to presentation ?

# Pre-Emptive Antifungal Strategies

## 2009 UPDATE

# Empirical Antifungal Therapy

- The early diagnosis of IFI is difficult: delayed treatment of IFI increases mortality
- Consensus guidelines: standard of care for persistent or relapsing fever during neutropenia

**BUT,**

- Many cases of non-fungal fever result in over-treatment: 60% treated for 5-15% IFI
- Empirical strategy with new drugs expensive
- New non-invasive methods for diagnosis of IFI

# Pre-Emptive Antifungal Therapy

## Definition of pre-emptive therapy not standardized:

- Different in ICU  $\neq$  hematological patients
- Confusion in the literature on timing of pre-emptive vs. empirical therapy: pre-emptive earlier (i.e. high-risk conditions in absence of fever and clinical symptoms/signs of infection) or later (i.e. high-risk conditions with fever and other clinical symptoms/signs of infection)

## Objectives

- $\downarrow$  Number of patients treated with the fever-driven empirical approach: treat only the “true” cases, but BEFORE overt invasive fungal infection (IFI)
- $\downarrow$  Costs and toxicity

## Risks of this alternative strategy compared with the empirical treatment ?

- More deaths ?
- More IFIs ?

## What criteria for a pre-emptive strategy ?

- Clinical +/- radiological +/- microbiological ?

## Pre-Emptive Antifungal Therapy in High-Risk Neutropenic Patients

Publication	Design	Number Pts	Antifungal Agent(s)
Maertens CID 2005	Prospective, single center, no control arm	136 high-risk cohort → 19 treated	Liposomal AmB
Cordonnier CID 2009	Prospective multicenter open random. vs. EMP	150 + 143 AL + Auto-HSCT	AmB-deoxy or Liposomal AmB
Hebart BMT 2009	Prospective multicenter open random. vs. EMP	207 + 196 Allo-HSCT	Liposomal AmB
Girmenia JCO 2009	Observational, « real-life » in single center	74 persistent fever → 49 treated	Voriconazole or Liposomal AmB
Barnes JCP 2009	Observational, « real-life » in single center	125 high-risk neutropenic fever	Caspo / L-AmB / Vori
Dignan BMT 2009	Observational, « real-life » in single center	53 persistent fever → 17 treated	Caspofungin → L-AmB or Vori
Aguilar-Guisado BMT 2009	Observational, « real-life » in single center	66 persistent fever → 26 treated	4 different drugs
Riva ICAAC 2008	Observational, « real-life » in single center	143 persistent fever	AmB-deoxy or Liposomal AmB

# Galactomannan and CT-Based Pre-Emptive Antifungal Therapy: Prospective Feasibility Study

Maertens et al., Clin Infect Dis, 2005; 41: 1242-50

High-risk hematology patients with neutropenia  
(n=136: 23.5% allo-HSCT, 16.9% re-induction AL; median neutropenia <0.5 g/L 19d (4-86), all fluconazole prophylaxis)

Daily GM monitoring and clinical evaluation

OD index  
2x ≥ 0.5

5 Days of unexplained  
Neutropenic fever  
Refractory to  
Antibiotics or relapsing

New infiltrate on chest X-  
Ray or signs/ symptoms  
Of invasive mycosis

Positive culture or  
Microscopy (molds)

Thoracic CT scan ( ± CT sinus)

Characteristics of invasive  
Mycosis: 'halo-sign'

Atypical  
lesion

Normal

Bronchoscopy with BAL

+

-

Broad-spectrum antifungal  
Therapy

Continued monitoring  
No antifungal therapy

Thoracic  
CT  
&  
BAL





## Galactomannan and CT-Based Pre-Emptive Antifungal Therapy: Prospective Feasibility Study

*Maertens et al., Clin Infect Dis, 2005; 41: 1242-50*

4'170 galactomannan measurements: median 28 (range 5-96)/patient



117 FEVER, 58 (49.6%) qualified for empirical antifungal therapy [30 (25.6%) for persistent fever and 28 (23.9%) for relapsing fever]: only 9 (7.7%) preemptive lipo-AmB  
19 NO FEVER: 10 preemptive liposomal AmB for positive galactomannan

Preemptive liposomal AmB 5 mg/kg/d in 19 episodes:

- Galactomannan trigger in 16, persistent fever + CT-scan trigger in 3
- 7 proven inv. aspergillosis, IA (6 died, 2 due to IA), 12 probable IA (1 died, not IA)
- 3-month survival in IA 63.1% (76.9% if HEM remission, 30% if HEM refractory)

No antifungal therapy in 117 neutropenic episodes:

- 2 *C. glabrata* breakthrough fungemia, 1 disseminated zygomycosis, no IA
- 9 deaths (1 due to zygomycosis)

# Empirical vs. Pre-Emptive Antifungal Therapy for High-Risk, Febrile Neutropenic Patients (PREVERT): Multicenter, Open-Label Randomized Trial

*Cordonnier et al., Clin Infect Dis, 2009; 48: 1042-51*

Prospective, 12 French centers, 2003-6 in adult, hematological cancer, myeloablative chemotherapy or auto-HSCT, expected neutropenia  $<0.5$  G/L during  $>10$  D, no previous IFI

↓  
Stratified (center / chemotherapy / prophylaxis)  
randomization strategy 1:1 applied from day 4 to day 14 of fever

## Empirical Antifungal Rx

Fever-driven

## Pre-Emptive Antifungal Rx

If pneumonia, septic shock, skin lesions, acute sinusitis/orbital signs, unexplained CNS signs, hepatosplenic abscesses, grade 3-4 mucositis, severe diarrhea, *Aspergillus* colonization, or  $\geq 1x$  GM Ag  $\geq 1.5$  (2x/week)

↓  
AmB-deoxy (1mg/kg/d) if Cr-Cl  $> 60$  or 40-59 ml/min and NO nephrotoxic agents  
Liposomal AmB (3mg/kg/d) if Cr-Cl 40-59 + nephrotoxic agent or Cr-Cl  $<40$  ml/min

PRIMARY ENDPOINT: SURVIVAL 14 D AFTER RECOVERY NEUTROPENIA (60 D if no recovery), expected 90%, NON-INFERIORITY IF D  $< 8\%$  (228 pts needed in each arm)

SECONDARY ENDPOINT: OCCURRENCE OF PROVEN/PROBABLE IFI



# Empirical vs. Pre-Emptive Antifungal Therapy for High-Risk, Febrile Neutropenic Patients (PREVERT)

*Cordonnier et al., Clin Infect Dis, 2009; 48: 1042-51*

**Table 3. Antifungal therapy in the intention-to-treat population (n = 293).**

End point	Empirical treatment group	Preemptive treatment group	P <sup>a</sup>
Antifungal treatment	92/150 (61.3)	56/143 (39.2)	<.001
Reason for starting antifungal treatment <sup>b</sup>			
Isolated fever between day 4 and day 14 after antibacterial treatment initiation	55 (59.8)	1 (1.8)	<.001 <sup>c</sup>
Pneumonia	6 (6.5)	26 (46.4)	
Severe mucositis	8 (8.7)	10 (17.9)	
Isolated fever beyond day 14	11 (12.0)	7 (12.5)	
Septic shock	5 (5.4)	3 (5.4)	
Positive result of galactomannan antigen test	2 (2.2)	3 (5.4)	
Skin lesion	2 (2.2)	2 (3.6)	
Sinusitis or periorbital inflammation	0 (0.0)	3 (5.4)	
Neurological symptoms	2 (2.2)	0 (0.0)	
Diarrhea	1 (1.1)	1 (1.8)	
Duration of fever before antifungal treatment, <sup>b</sup> median days (IQR)	7 (5-11)	13 (6-17)	<.01
Duration of fever after antifungal treatment, <sup>b</sup> median days (IQR)	9 (4-15)	7 (5-13)	NS
Duration of antifungal treatment, mean days ± SD			
Any antifungal agent	7.0 ± 8.5	4.5 ± 7.3	<.01
High-cost antifungal agents (liposomal AmB, caspofungin, or voriconazole)	3.7 ± 7.6	2.6 ± 5.8	NS
Low-cost antifungal agents (AmB deoxycholate)	3.5 ± 5.2	2.0 ± 4.6	<.01
Cost of antifungal drugs, 2005 €			
Mean ± SD	2252 ± 4050	1475 ± 3329	<.001
Range	0-20,726	0-18,500	
Estimated cost of antifungal drugs if liposomal AmB had been used instead of AmB deoxycholate, 2005 €			
Mean ± SD	4261 ± 4760	2509 ± 4099	<.001

Reason for starting antifungal therapy

Days fever onset to antifungal therapy

Days antifungal therapy



# Empirical vs. Pre-Emptive Antifungal Therapy for High-Risk, Febrile Neutropenic Patients (PREVERT)

Cordonnier et al., Clin Infect Dis, 2009; 48: 1042-51

**Table 2. Efficacy end points in the intention-to-treat population (n = 293).**

Efficacy end point	Empirical treatment arm (n = 150)	Preemptive treatment arm (n = 143)	Difference (95% CI)	P <sup>a</sup>
<b>Primary</b>				
Alive at study completion	146 (97.3)	136 (95.1)	-2.2 (-5.9 to 1.4)	.31
<b>Secondary</b>				
IFI	4 (2.7)	13 (9.1)	-6.4 (-10.9 to -1.9)	<.02
Baseline IFI due to				
Aspergillus species	2	6	...	
Candida species	0	3	...	
Breakthrough IFI due to				
Aspergillus species	2	2	...	
Candida species	0	2	...	
IFI-related mortality	0 (0)	3 (2.1)	-2.1 (-4.1 to 0.0)	.11
Duration of temperature ≥38°C, <sup>b</sup> days				
Median (IQR)	13 (5-21)	12 (5-20)	...	NS
Range	1-42	1-59	...	

Primary Endpoint: Survival

Secondary Endpoint: Invasive fungal infection (IFI)

Total days fever

**NOTE.** Data are no. (%) of patients, unless otherwise indicated. IFI, invasive fungal infection; IQR, interquartile range; NS, not significant.

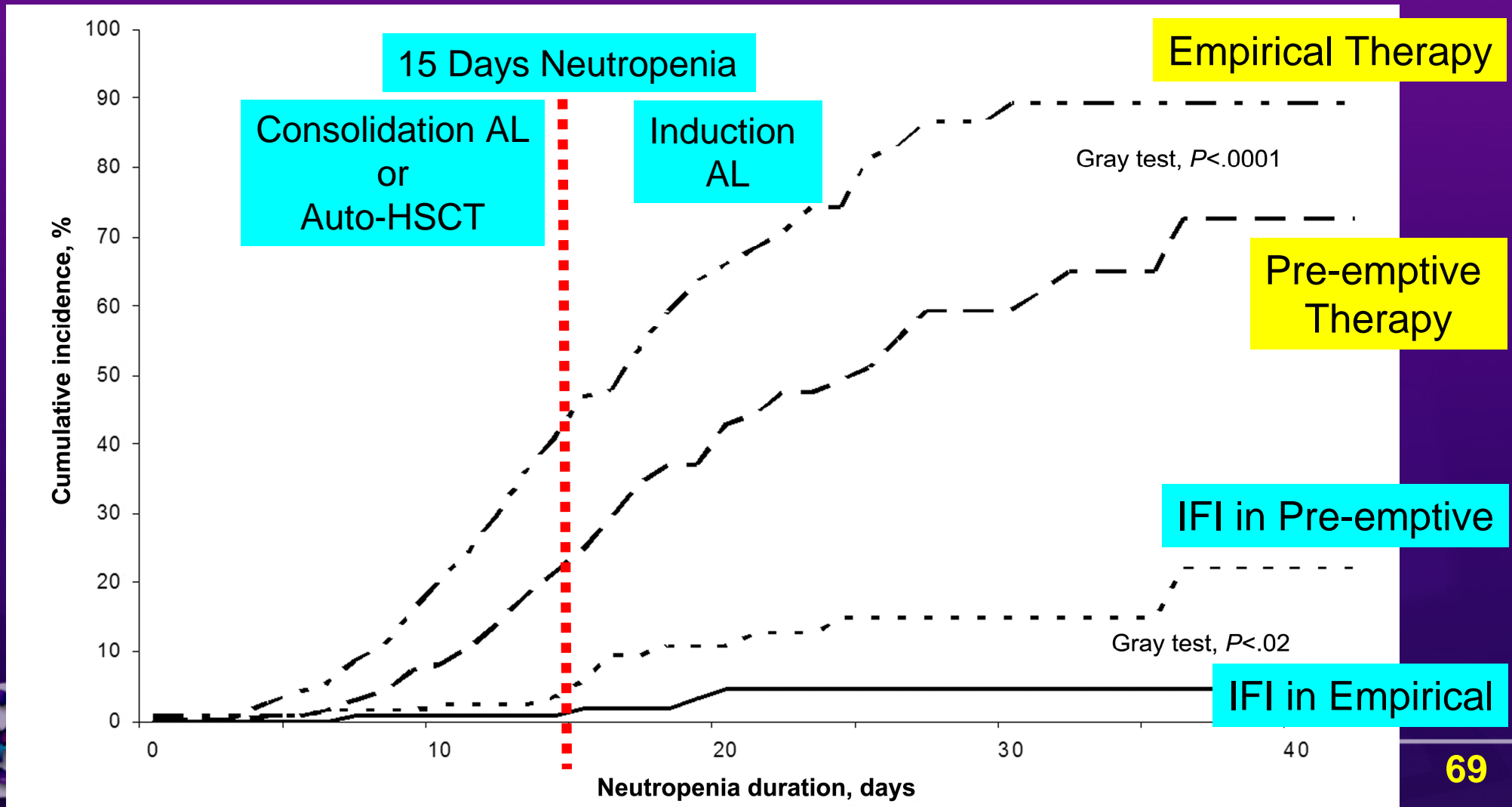
<sup>a</sup> By Cochran-Mantel-Haenszel test for qualitative variables; by Wilcoxon sum-rank test for skewed quantitative variables.

<sup>b</sup> Excludes 14 patients without fever (8 in the empirical treatment group and 6 in the preemptive treatment group).



# Empirical vs. Pre-Emptive Antifungal Therapy for High-Risk, Febrile Neutropenic Patients (PREVERT)

*Cordonnier et al., Clin Infect Dis, 2009; 48: 1042-51*



# PCR-Based Pre-Emptive Antifungal Therapy in Allo-HSCT: A Multicenter Randomized Study

*Hebart et al., Bone Marrow Transplant, 2009; 43: 553-61*

409 allo-HSCT, fluconazole prophylaxis, 100-day follow-up

↓  
Randomization

Empirical antifungal therapy  
(n=211, ITT 207)

↓  
Persistent fever >5 d:  
Lipo Ampho B 3 mg/kg/d  
(day 30: n=64/207, 30.3%)

↓  
30-d proven IFI 8/207, 3.9%  
30-d mortality 13, 6.3%  
(5/207 due to IFI, 2.4%)

PCR monitoring  
(n=198, ITT 196)

↓  
1x PCR+ OR persistent fever >5 d:  
Lipo Ampho B 3 mg/kg/d  
(day 30: n=89/196, 45.4%, p=0.003)

↓  
30-d proven IFI 7/196, 3.6% (NS)  
30-d mortality 4, 1.5% (p=0.046)  
[1/198 due to IFI, 0.5% (p=0.21)]



# Clinically-Driven Diagnostic Antifungal Approach in Neutropenic Patients: a Prospective Feasibility Study

*Girmeria C et al., J Clin Oncol, 2009 Oct 19. [Epub ahead of print]*

Observational 1-center experience, 2006-7, AL / auto-HSCT pts (n=146), 220 neutropenic episodes (NE) after intensive chemoth., 159 febrile episodes (FE)



Baseline Diagnostic Work-Up (BDWU) at onset of fever:  
3 sets of blood cultures + other clinically indicated investigations



Persistent Fever  $\geq$  4 d or Relapsing Fever or « Clinical Suspicion » of IFI



Intensive Diagnostic Work-Up (IDWU):  
Galactomannan on 3 consecutive days + chest CT-scan + other clinically indicated investigations

Antifungal therapy if:

Positive BDWU or IDWU (i.e. proven-probable-possible IFI) or empirically for persistent fever + « clinical deterioration »

# Clinically-Driven Diagnostic Antifungal Approach in Neutropenic Patients: a Prospective Feasibility Study

*Girmenia et al., J Clin Oncol, 2009, in Press*

<p><b>OBSERVED ANTIFUNGAL THERAPY</b></p> <p>Diagnostic-driven approach</p> <p>Empirical fever-driven</p>	<p>48 / 159 (30.2%) febrile episodes</p> <p>47 / 159 (29.6%)</p> <p>1 / 159 (0.6%)</p>
<p><b>ESTIMATED empirical fever-driven antifungal therapy (standard of care recommended by guidelines)</b></p>	<p>84 / 159 (52.8%) febrile episodes</p>
<p><b>ESTIMATED REDUCTION OF ANTIFUNGAL USE IN DIAGNOSTIC-DRIVEN VS. EMPIRICAL FEVER-DRIVEN APPROACH</b></p>	<p>- 36 / 159 (- 22.6%) febrile episodes</p>



# Clinically-Driven Diagnostic Antifungal Approach in Neutropenic Patients: a Prospective Feasibility Study

*Girmenia et al., J Clin Oncol, 2009, in Press*

	3-Month Mortality
Overall	36* / 146 pts. (24.6%)
Cancer	15.1%
Bacterial infection	4.1%
<u>IFI</u>	<u>2.7%</u>
Other	2.7%
IFI	17** / 49 (34.6%)
Possible IFI	3/16 (23%)
Proven/probable IFI	14/33 (42.4%)
Proven/probable IA	10/27 (37%)
Proven zygomycosis	3/3 (100%)
Candidemia	1/3 (33.3%)

\* 7 Autopsies

\*\* 4 attributed to IFI  
10 IFI active at time of death,  
but primary cause  
refractory leukemia

Median days fever onset to  
antifungal therapy:

- IFI, survived 5.2 days (1-9)
- IFI, died 5.8 days (1-15)
- Only 1 zygomycosis untreated,  
died 6 d after fever onset

# Comments

## A pre-emptive antifungal strategy is “FEASIBLE”

- Clinical + GM/CT-scan based pre-emptive: overall survival as with empirical
- Decreased use of antifungal therapy vs. empirical
- Risk of increased occurrence of IFI (*Aspergillus*, *Candida*) vs. empirical therapy, especially in patients with neutropenia during more than 15 days: prognostic impact of IFI ?
- Potential for early therapy of IFI in absence of fever with pre-emptive approach (missed by fever-driven empirical approach)
- No grading of evidence/recommendation for pre-emptive due to the lack of defined standard criteria and variability of results among studies

# Comments (Cont'd)

UPDATE ECIL-3 2009

## Parameters possibly influencing the results of different pre-emptive strategies:

- Patient population / duration of neutropenia
- Local epidemiology of IFI: environment, hospital protective measures
- Timing and type of microbiological and radiological investigations : monitoring vs. clinical-/fever-driven (grading of recommendations for fungal markers)
- Risks of diagnostic work-up
- Drug for pre-emptive antifungal therapy (prophylaxis ?) / Comparative strategy / Timing of antifungal therapy
- Further prospective randomized studies with a well-defined design are needed:
  - To validate clinical, microbiological, radiological criteria used for the strategy
  - To assess the cost-effectiveness of pre-emptive therapy